

ST BRIGID'S SCHOOL PRIMARY MENUS WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main	Chicken Wrap	Spaghetti Bolognaise	Roast Pork	Char Grilled	Cod fish fingers
Choice	Sticky Salmon Wrap	Macaroni Cheese with Cauliflower and Herbs v	Oven Baked Pork Sausage	Beef Burger	Fish Cakes
	Quorn Wrap V		Quorn Sausage V	Sliced Ham	
Veg	Sweet Corn Hoops	Broccoli Baked Beans	Bashed Carrot & Swede Peas & Corn	Vegetarian Burger V Baked Beans salad selection	Chef's Choice v Peas hoops
Potato Or Bread	Herb Dice Potato	Garlic Bread Slice	Dry Roast Potato	Jacket Wedge	Chips
Bap of the Day**	Ham	Cheese	Sausage	Turkey	Chef' Choice
Daily Pud	Fruit Sponge & Custard	chocolate Muffin	Strawberry Angel	Thursday Cookie	Raspberry Ripple Ice Cream Roll & Mandarins

Yogurt's supplied by local Llaeth y Llan Village Dairy, Apple & Grape bags, Cheese & Biscuits, Piece of Fresh Fruit are available in place of Daily Pud also available Bread & Low Spread and unlimited Drinking Water to have with meal.

** New this year Bap of the Day For a trial period till half term. 1 Bap, Daily Pud, Apple & Grape Bag, Carton Drink. This will be made available for years 1 to 5 Year 6 will still be able to use the senior Sandwich Bar as in previous Years.

ST BRIGID'S SCHOOL PRIMARY MENUS WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Choice	Gammon Steak With Pineapple Cumberland Pie V	Bolognese Sauce Chicken Carbonara Chunky tomato V	Roast Turkey Stuffing & Gravy Pork Sausage Veggie Sausage V	Chicken in a Bun Quorn in a Bun V	Battered Cod Salmon Fishcake
Veg	Broccoli or Beans	Salad Items Baked Beans	Medley of Vegetables Cabbage	Sweet corn Baked Beans	Hoops Peas
Carbs	Oven Baked Wedges	Wholemeal Pasta Garlic Bread Slice	Mashed Potatoes	Sweet Potato Dice	Chipped Potatoes
Bap of the day	Cheese	Ham	Sausage	Turkey	Chef' Choice
Daily Pud	Fruit Crumble & Custard	Blueberry Muffin	Chocolate Angel With Pears	Thursday cookie	Jelly and Ice Cream

Every day children can have unlimited salad from the various salad items
This year Wholemeal bread will be available with low calorie spread

ST BRIGID'S SCHOOL PRIMARY MENUS WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Choice	Chinese Pork Sweet & Sour Chicken or Veggie Balls V	Meatballs in Onion Gravy Filled Jackets V Tuna & Sweetcorn Or Cheese & Beans	Roast Beef Yorkshire Pudding Pork Sausage or Veggie Sausage V Toad in Hole	Ham & Tomato or Cheese & Tomato V Pizza	Salmon Goujons Fish Cakes
Veg	Broccoli	Peas Baked Beans	Sliced Carrots Sweet Corn	Baked Beans Coleslaw & Salads	Hoops Peas
Carbs	Egg Fried Rice Or Veg Noodles	Mashed Potato	Herb Baby Potatoes	Jacket Wedge	Chipped Potatoes
Bap of the Day	Ham	Cheese	Sausage	Turkey	Chef's Choice
Daily Pud	Lemon Drizzle Cake	Rice Pudding Fruit Compote	Vanilla Angel with Peaches	Thursday Cookie	Krispie Cakes