

ST BRIGID'S SCHOOL PRIMARY MENU - WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Choice	St B Pizza Sticky Salmon Bake.	Spaghetti Bolognaise Tuna Pasta Bake.	Chicken in a bun Jacket potato with fillings.	Roast Pork Oven Baked Pork Sausage Quorn Sausage V	Cod fish fingers Fish Cakes
Veg	Sweet corn. Baked Beans	Baked Beans	Baked beans Broccoli	Bashed Carrot & Swede Peas & Corn	Peas Hoops
Potato Or Bread	Herb Dice Potato	Garlic bread	Smilie Faces	Dry Roast Potato	Chips
Unlimited salad available every day Sliced Cucumber, Lettuce, Carrot Sticks, Tomatoes, Coleslaw					
Daily Pud	Apple Sponge & Custard	Mandarin Orange Cake.	Strawberry Angel Fresh Fruit Pieces	Thursday Cookie.	Arctic Roll with Pears

Alternative pudding choice:

Yoghurts supplied by Llaeth y Llan Village Dairy, Apple & Grape bags, Cheese & Biscuits,
Fresh Fruit, Bread with low fat spread and unlimited drinking water

ST BRIGID'S SCHOOL PRIMARY MENU - WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Choice	Chicken Wraps. Mac & Cheese.	Cottage Pie Beef Burger.	Stir Fried Pork Sweet & Sour Chicken	Roast Turkey Stuffing & Gravy Toad in the Hole Veggie Sausage V	Battered Cod Salmon Fishcake
Veg	Sweetcorn Baked Beans	Peas Baked Beans	Noodles with Vegetables	Sliced Carrots	Hoops & Peas
Carbs	Oven Baked Wedges	Herb New Potatoes	Egg Fried Rice	Mashed Potatoes	Chips
Unlimited salad available daily Sliced Cucumber, Carrot Sticks, Lettuce, Tomatoes, Coleslaw					
Daily Pud	Oaty Fruit Crumble & Custard	Blueberry Muffin	Chocolate Angel With Pears	Thursday Cookie	Jelly and Ice Cream

Alternative pudding choice:

Yoghurts supplied by Llaeth y Llan Village Dairy, Apple & Grape bags, Cheese & Biscuits,
Fresh Fruit, Bread with low fat spread and unlimited drinking water